

- (f) after emptying the bladder, removing the catheter from the bladder and urethra by substantially reversing each of steps (e)-(b).

19. The method of claim 18 further comprising

- (g) measuring the amount of urine collected in said container.

20. A method of deterring or preventing spillage of a wetting liquid during catheterization of a urinary bladder, the method comprising:

- (a) providing the device of claim 5 wherein said device comprises a removable seal covering said aperture of said catheter introducer and said second guide section contains at least an amount of a wetting liquid sufficient to wet said insertable portion of said catheter to render said portion lubricious;

- (b) providing for urine disposal or collection;

- (c) grasping said flexible walled sheath and said catheter together at one or more first position or series of positions along the urethra-insertable length of said catheter, and urging the catheter tip into the diaphragm such that said diaphragm is pierced and in so doing causing a portion of said sheath to collapse toward said first guide section;

- (d) withdrawing said catheter tip from said pierced diaphragm leaving an opening between said first and second guide sections which allows said wetting liquid to enter said first guide section;

- (e) optionally, compressing at least said second guide section of said catheter introducer to facilitate movement of said liquid through said diaphragm opening and into said first guide section and sheath interior;

- (f) after said catheter is wetted by said liquid in said sheath and first guide section, removing said seal and placing said aperture against the urethral opening of an individual in need of catheterization;

- (g) returning said wetted catheter tip through said diaphragm opening to form a leakage resistant circumferential seal around the moving catheter;

- (h) regrasping said flexible walled sheath and wetted catheter together at one or more subsequent position or series of subsequent positions along the sheath-enclosed urethra-insertable length of said catheter, and urging the catheter tip through said second guide section, through said aperture, into the urethra and into the urinary bladder, whereby further portions of said sheath are caused to collapse toward said first guide, until urine flows into said catheter tip and out said urine outlet;

- (i) after emptying the bladder, removing the catheter from the bladder and urethra by reversing step (h).

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